

# ***COUNSELOR NEWSLETTER***

**CEDAR HILL ELEMENTARY**



**COUNSELOR WEBPAGE LINK**

**Dear Cedar Hill Families,**

**During this time away from school, I wanted to provide you with some social/emotional opportunities for your students. You can access these resources by visiting my school web page on the school website. You may also see things in your child's weekly packets.**

**These activities are not mandatory, but just simple things to do if you feel you need a break from your normal routine.**

**Listed below are ways you can contact me. I am here to support you and your family in any way I can. Please do not hesitate to reach out to me!**

**Stay Well,  
Mrs. Engler  
School Counselor**

## **Mrs. Engler's Contact Information**

Email: [jessica.engler@jschools.us](mailto:jessica.engler@jschools.us)

Phone Number:  
(636) 789-1759

I will be available by phone at these times:  
Monday-Friday 12PM-1:30PM

Please leave a voicemail if outside these hours and I will return your call as soon as possible.

## **Community Resource Information**

Community Health Center of Missouri  
1511 Christy Dr.  
Jefferson City, MO 65101

Salvation Army Center  
927 Jefferson St.  
Jefferson City, MO 65101

United Way of Central Missouri  
Call: 211  
Connects people with the health and human services they need 24/7.